**Alton Patient Participation Group**

**Minutes of the Meeting held on Tuesday 9th January 2024**

**at 10.00 am**

**Present:** **Dorothy Clohesy (Chair), Heather Hall (Practice Manager), Carol Edwards, David Edwards,**

**Angie Hurst, Tony Loynes, Lynn Shooter, Yvonne Somerville and Elaine Plant (Secretary)**

**Health & Wellbeing Coach Kerri also joined the meeting**

**1. Apologies**:

**2. Minutes of the last meeting:**

The minutes of the meeting held on Tuesday 12th December were approved.

**3. Matters Arising:**

**Community Bus Project:**

**DC** welcomed Kerri to the meeting who gave us an update.

Kerri advised that the project was not happening at the moment as there had been a change of staff at the White Hart so volunteers were needed to help with refreshments as their current staff were busy with other projects. One volunteer driver has expressed an interest and Kerri was pleased to hear that **TL** was also offering his services as a driver. Hopefully the Fun & Fitness classes would still be able to take place at the White Hart. These Chair Based exercise sessions take place once a month on a Tuesday for pre-op and post-op patients as well as for patients with mobility problems and/or who are socially isolated. They have an hour of exercise followed by tea, coffee, cake and socialising. The Community Bus would be used to bring patients in from outlying areas who were without transport. Hopefully with more volunteers the project will still go ahead.

Kerri advised that a future project for the Moorlands being discussed at the moment was a Community Hub in Cheadle.

St Giles Church in Cheadle has a weekly drop in session on Thursdays between 12 and 4pm and also has a film event once per month.

Kerri would help to facilitate any village community groups with their own venues.

**Moorlands & Rural PCN -** Open Days at Painsley College discussed.

Parking not ideal but it was well attended and the Health Checks were very popular. It is very difficult to find suitable venues that are free of charge but it will hopefully be an annual event. Any concerns arising from the Health checks carried out at these sessions would be passed on to the patient’s GP**.**

Kerri advised that the NHS App was very good for people who were able to use it also Moorlands & Rural PCN website has lots of useful information.

**Dementia Session – Guild Hall**

**DC** reported that the acoustics were not very good and speakers needed a microphone. People could not hear what was being said so started to lose interest and talk amongst themselves. It also wasn’t made clear that questions could be answered afterwards by the professionals sitting at the side.

Although Kerri had arranged the venue and would use it again the session was led by The Alzheimer’s Society. She agreed a microphone for speakers was needed for any future events and the feedback would be taken onboard.

All of the above was discussed in depth in particular the need to try and get the information and details of future events to as many patients as possible.

**Healthwatch**  briefly discussed. Report received but will be discussed at next meeting (Rurality is the section to be read).

Kerri was thanked for her valuable update and asked if she could return in a couple of months. She left the meeting.

**Defibrillator -** Defibrillator training would be useful.

**Physio: HH** confirmed that new symptom could be self-referred through Reception.

**Out of Hours Appointments: HH** confirmed these could be arranged with Reception.

**Phone System –** Hopefully 24th January.

**Website: LS** repeated what her findings were at the last meeting for the benefit of HH.

Some points had already been addressed but the configuration of the page was out of HH’s control.

**4. Reports:**

It was agreed that any reports would be discussed at the next meeting.

**5. Date of next meeting: Tuesday 13th February 2024 at 10 am**

**Future Meetings: Tuesday 12th March**