**Alton Patient Participation Group**

**Minutes of the Meeting held on Tuesday 10th January 2023**

**Present:** Dorothy Clohesy (Chair), Heather Hall (Practice Manager), Angie Hurst,

Yvonne Somerville and Elaine Plant (Secretary)

**DC** welcomed Health & Wellbeing Coach Kerry who supports patients in the Moorlands and Rural Primary Care Network. Kerry offers support to patients at the surgery every other week. The Everyone Health programme includes non-medical support to GP’s in the following:

* Emotional and Physical support
* Weight Management
* Getting Active
* Mental Health i.e. Anxiety
* Management of long term health problems for both patients and carers
* Reducing loneliness
* Walking Groups
* Physiotherapy exercises for back & neck pain
* Signposting pathways for further help.

There is a Fun Fitness chair based session for over 50’s at the White Hart every month and various activities in Cheadle including a Community Café at St Giles C of E in Cheadle every other week 12 - 4pm which is a drop in centre providing free soup, coffee & biscuits. For more information and to book an appointment with Kerry patients should contact the surgery.

**DC** thanked Kerry for updating us on this service which is now up and running. There is a poster in the surgery giving details of this service and it was agreed that we need to spread the word to patients who do not visit the surgery very often.

The meeting then commenced.

**1. Apologies**: Carol Edwards (Vice Chair), Amanda Best and Sylvia Hollins (Virtual Members attending when possible).

DC was sorry to report that Peter Walker, a well-respected and valued member, has resigned from the PPG.

Peter has been an active member of Alton PPG for many years, giving support to both patients and the Practice. Peter has, over the years, been a stalwart member, taking part in events organised by the PPG pre-pandemic days, collating patient survey data, checking the practice Website information was updated, which during a CCG inspection, was noted as ‘good practice’.

Living in the village Peter has contact with many patients on a daily basis and has been able to pass on any of their concerns or comments to the PPG. He has been instrumental in preserving the surgery’s reputation of ‘good practice’.

On behalf of all members DC thanked Peter for his significant contribution over many years to the PPG and to herself as chairwoman. Members were very sorry to hear that Peter was leaving and wished him well.

It was agreed that the PPG was very depleted and needed new members.

**2. Minutes of the last meeting:**

The minutes were a true record of the last meeting on the 13th December 2022.

**3. Matters Arising:**

* Appointments system discussed. Now quietened a little.
* Phone System - between two providers at the moment.

**4. Reports from Members:**

**HH** advised that the PPG Terms and Conditions and Job Descriptions needed to be updated.

It was agreed that next month’s meeting would be dedicated to this.

**Patient Knows Best - AH** had received a message on her phone regarding this.

**HH** explained that it was a new NHS App which was available and worked similarly to the Patient Access App but was for access to patient NHS hospital appointments and info. Will discuss when more information available.

**5.** **Date of Next Meeting: 14h February 2023 at 9.30am**